Connaught & Highfield Hall Catered Menu
April– June

Breakfast Term Menu  Served 07:30-10:00

Available Everyday:
Cereals, morning pastry (pain au chocolate, croissant), yogurt, melon & pineapple, butter portion, assorted jam & marmalade

Orange juice, milk, tea & coffee

Hot Option:
Available daily: bacon, sausages & baked beans
One from the following: fried bread, tomato, mushrooms, plum tomatoes, chicken sausages (halal)
One from the following: sauté, hash browns, waffle
One from the following: fried, scrambled, poached egg

Daily Specials:
Eggy bread or waffle, warm berries & crème fraîche
Yogurt, fruit & oats pot
Porridge with toppings of chef’s choice
BLT bap
Maple bacon, scrambled egg muffin
Three item bap

*Menus subject to change based on supplier availability
Connaught/Highfield week 1

**Monday** Dinner: 17:00 – 19:15
Honey mustard grilled pork chop, chive mash, steamed greens, red onion gravy. (GF)
Vegetable and pinto bean chilli, guacamole, spicy rice, corn tortillas (GF)( Vegan)
Salt and pepper lemon sole goujons, seasoned wedges, tomato crème fraiche
Selection of desserts to include vegan option

**Tuesday** Dinner: 17:00 – 19:15
Masala beef curry
Chicken korma
Cauliflower and chickpea tikka masala (Vegan) (GF)
Pilau rice, Bombay potatoes (poppadum’s & vegetable samosa)
Selection of desserts to include vegan option

**Wednesday** Dinner: 17:00 – 19:15
Greek lamb and grilled aubergene pasta bake with feta and mozzarella
Chicken penne, grano padano, forest mushroom cream
Butternut squash, penne, forest mushrooms & sage and tomato (Vegan)
Garlic Bread, raddichio, baby gem, cherry tomatoes and cucumber
Selection of desserts to include vegan option

**Thursday** Dinner: 17:00 – 19:15
Black bean beef stir-fry, peppers and beansprouts
Sticky lemongrass and honey chicken thighs with mangetout
Jumbo vegetable spring rolls, sweet chilli sauce, bamboo shoots (Vegan)
Egg fried rice, crispy seaweed, prawn crackers
Selection of desserts to include vegan option

**Friday** Dinner: 17:00 – 19:15
Breaded Scampi, Tartare sauce, chunky chips, peas
Farmhouse sausage and baked bean casserole, cheesy mash, peas, (GF)
Sweetcorn & courgette fritter, peri peri spiced new potatoes, tomato coriander salsa( Vegan)
Selection of desserts to include vegan option

**Saturday** Lunch: 11:30 – 1:30pm
Jumbo hotdog, chilli con carne, crispy onions, brioche roll
Mexican bean burger, smoked applewood, crispy onions, brioche bun (vegan)
Tandoori chicken wrap, khobez bread, Asian slaw, mint yoghurt dressing.
Masala spiced fries, tossed leaf salad.
Selection of desserts to include vegan option

**Sunday** Lunch: 11:30-1:30pm
Roast beef with Yorkshire pudding, rosemary and garlic roast potatoes, carrots and savoy
Roasted butternut & pinto bean stew rosemary and garlic roast potatoes (Vegan)
Turkey cacciatore, thyme buttered new potatoes, roast potatoes, carrots and savoy
Selection of desserts to include vegan option
**Connaught/Highfield week 2**

**Monday** Dinner: 17:00 – 19:15  
Bar marked chicken fillet, Tomato and sweet pepper sauce, herb mash (GF)  
Cumberland sausage, onion rings, herb mash, gravy  
Red lentil and courgette moussaka, chunky chips tossed salad (Vegan) (GF)  
Selection of desserts to include vegan option

**Tuesday** Dinner: 17:00 – 19:15  
Chicken dansak (GF)  
Mince beef keema(GF)  
Cauliflower, spinach & sweet potato Rogan Josh (Vegan) (GF)  
Pilau rice, naan, crispy onions, onion bhaji  
Selection of desserts to include vegan option

**Wednesday** Dinner: 17:00 – 19:15  
Turkey escalope, “Dianne” winter greens (GF)  
Maccaroni, arribiatta, vegan mozzarella, spinach (Vegan)  
Beef goulash, sour cream and chive (GF)  
Herb diced potatoes,  
Selection of desserts to include vegan option

**Thursday** Dinner: 17:00 – 19:15  
Panko breaded Pollock & roasted vegetables, new potatoes with lemon & caper butter  
Shepherds pie, cheesy mash topping, roasted vegetables (GF)  
Vegetable jambalaya, French beans, crispy onions (vegan)  
Selection of desserts to include vegan option

**Friday** Dinner: 17:00 – 19:15  
Battered Cod, chips, peas, Lemon & Homemade Tartare Sauce GF)  
Chicken sweetcorn& Chestnut Mushroom Pie, chips, green bean and carrots  
Buffalo wings, corn on the cob, sticky BBQ sauce, chips (Vegan)  
Selection of desserts to include vegan option

**Saturday** Lunch  11.30-1:30pm  
Jacket potato, cheese and beans  
Pepperoni pizza  
Four cheese pizza (v) / bbq jackfruit pizza (vegan)  
Buttered corn on cob, wedges, House slaw,  
Selection of desserts to include vegan option

**Sunday** Lunch  11.30-1:30pm  
Roast chicken, sage & onion stuffing rosemary and garlic roast potatoes, cabbage and cauli- 
fower  
Braised beef, red onions & wild mushrooms & root vegetables, roast potatoes  
Spinach and chestnut mushroom lasagne fries (GF)  
Selection of desserts to include vegan option
Monday Dinner: 17:00 – 19:15
Moroccan chicken, with apricots and chickpeas,
Honey & garlic glazed lamb kofta, Spicy tomato spicy sauce
Moroccan vegetable tagine (Vegan)
Khobaz bread, broccoli vegan feta salad, pomegranate couscous
Selection of desserts to include vegan option

Tuesday Dinner: 17:00 – 19:15
Chicken chettinad curry (GF)
Beef tikka masala
Vegetable rogan josh curry (Vegan)
Pilau rice, tomato and red onion salad, poppadums
Selection of desserts to include vegan option

Wednesday Dinner: 17:00 – 19:15
Cottage pie (GF)
Gammon steak, grilled tomato and field mushroom. (GF)
Butternut squash, spinach and mixed bean hotpot vegan(GF)
Roast parsnips, sugar snap peas. Thyme roasted new potatoes.
Selection of desserts to include vegan option

Thursday Dinner: 17:00 – 19:15
Sweet and sour chicken, hong kong style, pineapple and peppers.
Hoi sin belly pork rashers, pak choi
Crispy tofu, katsu curry, peppers and Chinese leaf (Vegan) (GF)
Egg noodles, fried vegetable rice, prawn crackers
Selection of desserts to include vegan option

Friday Dinner: 17:00 – 19:15
Battered cod fillet, chunky chips, peas, tartare sauce (GF)
Beef burger, Monterey jack cheese, tomato relish  brioche roll, chunky chips, onion rings.
Quorn and mixed bean enchiladas, chunky chips, tossed salad Vegan)
selection of desserts to include vegan option

Saturday Lunch 11.30-1:30pm
Lamb Bolognaise & crispy bacon pasta, mozzarella, basil, tossed salad, garlic bread
Ratatoullie . Vegan mozzarella , garlic bread, tossed salad, Vegan)
Chicken, broccoli, pesto pasta, garlic bread, tossed salad
Selection of desserts to include vegan option

Sunday Lunch 11.30-1:30pm
Roast pork, apple sauce, crackling, sage and onion stuffing, roast potatoes, seasonal veg
Curried cauliflower and chickpea tart, roast potatoes, seasonal vegetables
Korean crispy beef, broccoli, peppers, lime and coriander rice, prawn crackers
Selection of desserts to include vegan option