Summer 2022

Breakfast Term Menu  Served 07:30-10:00

Available Everyday:
Cereals, morning pastry (pain au chocolate, croissant), yogurt, melon & pineapple, butter portion, assorted jam & marmalade

Orange juice, milk, tea & coffee

Hot Option:
Available daily: bacon, sausages & baked beans
One from the following: fried bread, tomato, mushrooms, plum tomatoes, chicken sausages (halal)
One from the following: sauté, hash browns, waffle
One from the following: fried, scrambled, poached egg

Daily Specials:
Eggy bread or waffle, warm berries & crème fraiche
Yogurt, fruit & oats pot
Porridge with toppings of chef’s choice
BLT bap
Maple bacon, scrambled egg muffin
Three item bap

Dinner Menu—week commencing

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*Menus subject to change based on supplier availability
Week 1

**Monday** Dinner: 17:00 – 19:15
- Hickory smoked BBQ pork, sweetcorn & pepper frittata
- Plum tomato, courgette & potato bake with vegan cheese (Vegan)
- Italian style cod, roasted cherry tomatoes & olives, caper dressing
- Herb diced potatoes, tossed leaf salad & roast Mediterranean veg salad
- Selection of desserts to include vegan option

**Tuesday** Dinner: 17:00 – 19:15
- Mauritian Chicken curry
- Chettinad madras beef curry
- West Indian spiced aubergine curry (Vegan)
- Cauliflower bhaji, cardamom spiced rice, naan bread, vegetable pakora mango chutney
- Selection of desserts to include vegan option

**Wednesday** Dinner: 17:00 – 19:15
- Classic beef lasagne with mozzarella
- Crispy pancetta, penne, grano padano, forest mushroom cream
- Butternut squash, penne, forest mushrooms & sage oil (Vegan)
- Garlic focaccia bread
- Rocket, roasted pepper, red onion, cucumber & olive salad
- Grilled vegetables, mixed leaf, caramelised onion & balsamic dressing
- Selection of desserts to include vegan option

**Thursday** Dinner: 17:00 – 19:15
- Sweet & sour pork Hong Kong style with pineapples
- Hoi sin beef with bok choi & spring onions
- Katsu butternut jackfruit curry (Vegan)
- Fragrant rice, shrimp crackers, Chinese stir fry vegetables
- Selection of desserts to include vegan option

**Friday** Dinner: 17:00 – 19:15
- Lemon sole goujons, Lime & chilli crème fraiche
- Chicken Gyros, minted yogurt, Greek salad, psomaki gyro bread
- Sweet potato falafel, chilli sauce, Greek Salad, psomaki gyro bread
- Skinny fries, peas & tossed leaf salad
- Selection of desserts to include vegan option

**Saturday** Lunch: 11:30 – 1:30pm
- Spicy coated chicken thigh, cheddar & brioche bun
- Gourmet chilli dog, chilli con carne, crispy onions & brioche roll
- Moving mountain burger, Applewood cheese, caramelised onion & brioche bun (Vegan)
- (Gherkins, sour cream, spicy mayo, ketchup)
- Jacket wedges, house slaw, tossed leaf Salad
- Selection of desserts to include vegan option

**Sunday** Lunch: 11:30-1:30pm
- Roast lamb, onion sauce, minted gravy
- Roasted butternut & pinto bean stew (Vegan)
- Marinated turkey, roast fennel, cranberry & orange sauce
- Roast potatoes, carrots & cabbage
- Selection of desserts to include vegan option
**Monday** Dinner: 17:00 – 19:15
Fillet of Salmon, Mediterranean vegetables, parsley & caper dressing
Succulent honey & lemon chicken, butternut & corn
Aubergine moussaka with confit tomatoes & feta (vegan)
Thyme roasted potatoes & saute green beans
Selection of desserts to include vegan option

**Tuesday** Dinner: 17:00 – 19:15
Delhi Lamb tikka masala
Sag chicken
Cauliflower, spinach & sweet potato Rogan Josh (Vegan)
Vegetable samosa, squash & cabbage sabzi, naan bread & turmeric spiced rice
Selection of desserts to include vegan option

**Wednesday** Dinner: 17:00 – 19:15
Parmesan crusted pork escaolope, basil spaghetti
Italian style beef meatballs with penne pasta
Vegan sausages, sauerkraut, mash & port wine jus (Vegan)
Roasted carrot & butternut
Selection of desserts to include vegan option

**Thursday** Dinner: 17:00 – 19:15
Moroccan style chicken, butternut & stem broccoli
Lamb koftas, apricot, chick pea & mint raita
Vegetable tagine (vegan)
Harrisa feta & date cous cous, khobaz bread, red & green salad
Selection of desserts to include vegan option

**Friday** Dinner: 17:00 – 19:15
Battered Cod, Lemon & Homemade Tartare Sauce
BBQ jackfruit burrito, tomato salsa & smashed avocado (Vegan)
Chipotle beef chilli, rice, tomato salsa & smashed avocado
Chips, peas & tossed leaf salad
Selection of desserts to include vegan option

**Saturday** Lunch 11.30 - 1:30pm
Vegan Chilli with Jacket Potato & vegan cheese
Pepperoni pizza
Four cheese pizza
Buttered corn on cob - wedges, House slaw, Roast tomato, olive & baby mozzarella salad, mixed leaves
Selection of desserts to include vegan option

**Sunday** Lunch 11.30-1:30pm
Roast beef, Yorkshire pudding & horseradish
Pork, apple & leek pie
Sweet Potato, parsnip & leek pie (Vegan)
Roast potato, carrots, green beans & gravy
Selection of desserts to include vegan option
Monday Dinner: 17:00 – 19:15
Smothered pork, mushroom & onions
Greek style hake with olives, peppers & tomatoes
Butternut, mixed bean & courgette hot pot (Vegan)
Lyonaise & herb roasted courgettes
Selection of desserts to include vegan option

Tuesday Dinner: 17:00 – 19:15
Tandoori chicken on the bone
Lamb rogon josh
Sweet potato & chick pea jalfrezi (Vegan)
Red dhal, piau rice, onion bhaji & vegetable samosa
Selection of desserts to include vegan option

Wednesday Dinner: 17:00 – 19:15
Flat iron steak, sautéed tomato and field mushroom, peppercorn sauce
BBQ rack of ribs, charred chilli corn
Beetroot falafel wrap, rocket, spiced tomato chutney, crispy onions (Vegan)
Potato bravas, black bean & mango salad, leaf salad
Selection of desserts to include vegan option

Thursday Dinner: 17:00 – 19:15
Sweet & sour battered chicken fillet
Yellow curry with lentils, green peas, turmeric & coconut
Stir Fried Chinese greens, coconut & mint rice, Prawn Crackers
Selection of desserts to include vegan option

Friday Dinner: 17:00 – 19:15
Battered Cod, Lemon Wedge & Tartare Sauce
Lamb Burger, red onion marmalade, mozzarella & brioche roll
Haloumi, roasted vegetables, chilli jam & brioche bun (Vegan)
Chips, peas & house leaf salad
Selection of desserts to include vegan option

Saturday Lunch 11.30-1:30pm
Beef Bolognaise & crispy bacon pasta, mozzarella, basil
Ratatouille vegetable pasta with vegan feta (Vegan)
Chicken, sweetcorn, and pesto Penne
Garlic bread, roasted beets salad, kale Caesar salad & heritage tomato salad
Selection of desserts to include vegan option

Sunday Lunch 11.30-1:30pm
Roast pork, apple sauce, apricot & sage stuffing
Minced lamb, thyme, & onion pie, celeriac mash
Vegan Cumberland sausage, colcannon mash, red onion & rosemary sauce (Vegan)
Roast potatoes, sliced cabbage, leeks & gravy
Selection of desserts to include vegan option