

### **Monday Week 1**

Pork & Leek Sausages, Dijon mustard and ale sauce

Beef & Tomato Chilli with lentils and borlotti beans (reduced meat content)

Macaroni Cheese with spinach and pesto (V)

Rosemary & Garlic Mashed Potato, quinoa with roast tomato and spring onion

Rocket with lemon and pinenuts

### **Tuesday**

Chicken Chestnut Mushroom Cider Pie, cheddar and potato mash topping

Greek Tomato, Olive and Vegan Feta Penne Bake (Ve)

Fajita Vegetable and Beans, Tortilla pocket, Guacamole, Salsa (Ve)

Steamed Savoy Cabbage, roasted new potatoes

### Wednesday

Peri Peri Pork Skewer, chorizo and red onions

Char grilled lemon and herb chicken breast

Grilled halloumi, roasted peppers

Slaw, flat breads, spicy fries, corn cobs

#### **Thursday**

Creamy Chicken and Chorizo, basil, olive bread

Tuscan bean and roast aubergine ragu (Ve)

Shitake Mushroom Burger, brioche bun, onion rings (V)

Penne Pasta, olive oil, Cajun fries

Steamed Green Beans

### **Friday**

Beer battered cod, tartare sauce, lemon wedge

Cajun Chicken Thigh Skewer, wrap, chili and garlic sauce



### Week 1

### **Saturday**

Beef and lentil Bolognese, spaghetti, garlic bread

BBQ Pork Ribs, corn on the cob, slaw fries

Falafel burger, brioche, fries, chilli jam, tossed salad (Ve)

### Sunday

Roast beef, Yorkshire pudding, gravy

Chicken and mushroom pie

Sweet potato, spinach and coconut pie (Ve)

Roast Potatoes, mashed potatoes, honey glazed carrots, Pea, Cauliflower Cheese



### **Monday Week 2**

Korean BBQ Belly Pork, Chinese leaf, pineapple

Thai Potato, Pepper and Chick Pea Curry (Ve)

Thai Red Chicken, water chestnuts, bok choy

Pickled Chilli Slaw, Chinese greens

Coconut Rice, sugar snaps

### **Tuesday**

Roast Chicken, sage and onion stuffing, gravy

Butternut, Bean Cheese Pie, garlic bread (Ve)

Roasted Aubergine and Red Lentil Lasagne, garlic bread (V)

Rosemary and Garlic Roast Potatoes, mash

Thyme Roasted Root Vegetable, broccoli

### Wednesday

Four Cheese and Tomato Stuffed crust pizza

Loaded Pepperoni Stuffed crust

BBQ Jackfruit Pizza, Quorn buffalo wings

Chicken Tender, jacket wedges, tossed salad

### **Thursday**

Lamb Ragu, carrots and shallots, rosemary

Quorn Shepherds Pie, sweet potato and vegan cheddar (Ve)

5 Root Vegetable Lasagne, Dumpling (Ve)

Rigatoni, herb diced potatoes, stem broccoli

### **Friday**

Beer battered cod, tartare sauce, lemon wedge

Chicken, Broccoli, Hoi Sin Sesame

Wild Mushroom and Smoked Tofu Stroganoff (Ve)

Chunky Chips, Rice



### Week 2

### **Saturday**

Lamb meatballs, tomato and mushroom sauce, Penne

Sweetcorn and courgette fritter Butternut mash, stem broccoli, sweet chilli sauce (Ve)

Pork hotdog, sauerkraut, mustard ketchup, fries

### Sunday

Roast Pork, sausage meat stuffing

Chicken, gammon and leek pie

Celeriac, butternut and tomato bake, vegan cheese crumble (Ve)

Roast Potatoes, mashed potatoes, peas, honey glaze carrots, broccoli cheese

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### **Monday Week 3**

Chimichurri, chicken and pepper casserole

Thai Cod and Prawn Fishcake, radish, green bean salad, sweet chilli

Quorn Moussaka, olive bread (V)

Scorched Corn, sweet potato wedges

### **Tuesday**

Chicken Dansak

Keema Lamb and Chick Pea Curry

Massaman Vegetable Curry, sugar snaps (Ve)

Bombay Potatoes, Brinji Bhaji

Basmati Rice, crispy onion

### Wednesday

6oz Beef Burger, crispy bacon, cheddar, brioche bun

Buttermilk, chicken burger, crispy bacon, cheddar, brioche

Spicy bean burger, onion rings, applewood brioche

Skin on fries, coleslaw, lettuce, cucumber and tomato

#### **Thursday**

Greek Beef Meatballs, crumbled feta

Pork and Potato Goulash, crème fraiceh, sour dough

Black Eyed Bean and Mushroom Casserole, Spiced Dumplings (Ve)

New Potatoes, caramelised red onion, green beans

### **Friday**

Beer battered cod, tartare sauce, lemon wedge

Omni Battered Plant Based Fillet (Ve)

Crispy Buffalo Cauliflower, tacos, cucumber salad (Ve)

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### Week 3

### Saturday

Gyros chicken wrap, slaw, mint yoghurt

Pizzas, Fries, tossed salad

Caponata fusilli pasta, tossed salad, olive bread (Ve)

### Sunday

Roast Chicken sage and onion stuffing

Steak and Ale Pie

Butternut Bean and Cheese Pie (Ve)

Roast potatoes, herb new potatoes, roasted root vegetable, carrots and peas, cauliflower cheese

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